

# FAMILY DRUG SUPPORT

A SUPPORT GROUP FOR THE FAMILIES AND FRIENDS  
OF PEOPLE WHO HAVE PROBLEMS WITH  
DRUG OR ALCOHOL USE

## STEPPING FORWARD ONE DAY COURSE

CLEAR & PRACTICAL INFORMATION SESSIONS  
A SAFE PLACE TO SHARE & FEEL SUPPORTED

**“Support the Family—Improve the Outcome”**

**Is someone in your family using alcohol to excess or drugs?**

Anyone in any family unit can develop a problem with drugs or alcohol, and those people closest to them are often seriously impacted. If this is you, come and join us at the free Stepping Forward course presented by Family Drug Support. Tea and Coffee provided.

- *Learn key models of change for the person using drugs, and the family*
- *Develop effective communication skills*
- *Understand how legal and illegal drugs effect a person*

**WHERE: WYOMING COMMUNITY CENTRE  
147 MAIDENS BRUSH ROAD, WYOMING**

**WHEN: Saturday, 7th April**

**TIME: 9:30am – 4:30pm**

**TO BOOK: Contact Julie on 0400 113 422**



The Wyoming Community Center is on the left-hand side of the road past the shops. The car park is beside the building before you go up a small hill.

Family Drug Support (FDS) is a government funded, not-for-profit organisation with support groups around Australia which offers a **24 hour / 7 day Support Line 1300 368 186**